THE filler ACADEMY

TREATMENT PLANNING

MORE DETAILED KNOWLEDGE IN OUR F3 COURSE!

1. PATIENTS PROBLEM

+

MORE FEMININE
MORE MASCULINE
MORE ATTRACTIVE
MORE HAPPY
SLIMMER
YOUNGER

−

LESS SAD
LESS TIRED
LESS SAGGY
LESS ANGRY

2. DIVIDING IN THIRDS

We divide faces **in thirds** and choose regions according to the emotions:

FOREHEAD
TEMPLES
BROWS

1/3

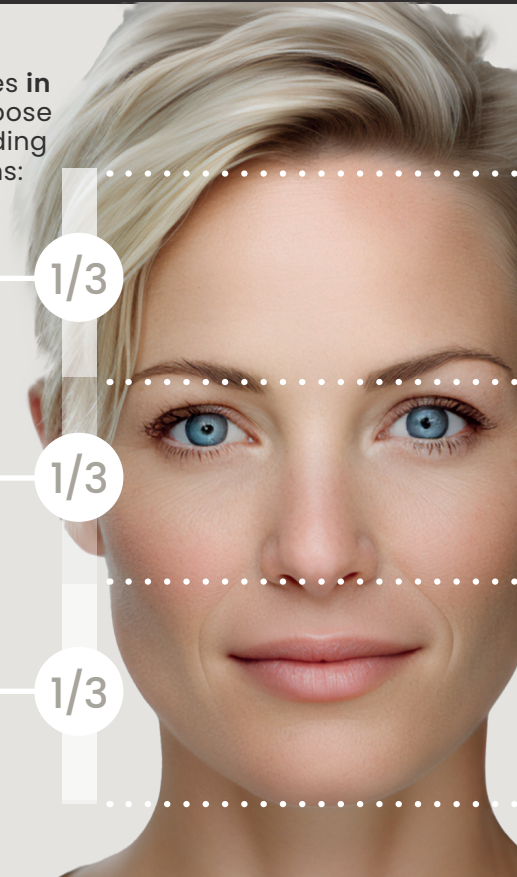PERIORBITAL
CHEEKS
MIDFACE
NOSE

1/3

PERIORAL
MOUTH
CHIN
JAWLS
JAWLINE
NECK

1/3

3. GRADING WITH SCALES

The severity of aging in the specific region needs to be determined to create a treatment plan. **Go to the next page to see the scales.**

5. CHOOSING VECTORS

HORIZONTAL
CaHa DILUTE
HifU – EBD
THREADS

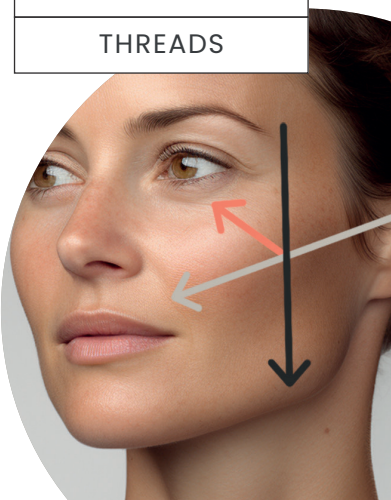| VERTICAL |
| --- |
| HA in BOLUS |
| CaHa in BOLUS |
| THREADS |

PROJECTION
HA in BOLUS
CaHa in BOLUS
LIPOLYTIC DRUGS
FAT GRAFTING

4. CHOOSING THIRDS

Each region should be **specified** with the scales accordingly. Depending on severity the third of the region or the third above should be included in the **treatment plan**. Severity also determines the amount of product or energy applied.

GRADE 0–1	GRADE 2–3	GRADE 4
TREATING ONE THIRD	TREATING ONE THIRD	TREATING ALL THIRDS
	TREATING UPPER THIRD	PROBABLY SURGICAL

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GRADING WITH SCALES

INFRA-ORBITAL HOLLOW AT REST

| 0 | 1 | 2 | 3 | 4 |

UPPER CHEEK FULLNESS AT REST

| 0 | 1 | 2 | 3 | 4 |

LOWER CHEEK FULLNESS AT REST

| 0 | 1 | 2 | 3 | 4 |

JAWLINE AT REST

| 0 | 1 | 2 | 3 | 4 |